

UPDATED

September 2021

Webiste Resources

Saskatchewan Resources	
www.sk.211.ca	211 - Phone/online referral provider. For example, tells caller where the nearest drug community is to them etc.
General Youth Resources	
www.kidshelpphone.ca	Phone and text support for youth.
2SLGBTQIA+ Sites	
www.egale.ca	A Canada, & ultimately a world, without homophobia, biphobia, transphobia, & all other forms of oppression so that every person can achieve their full potential, free from hatred & bias.
www.outsaskatoon.ca	2SLGBTQIA services based out of Saskatoon.
www.thetrevorproject.org	The Trevor Project is the leading US organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25.
Bullying	
www.kidshelpphone.ca	Phone and text support for youth.
Cyber Help	
www.cybertip.ca	Canadian website to report and find education about online sexual exploitatoin of children.
www.needhelpnow.ca	Helps teens stop the spread of sexual pictures/videos and provides support along the way.
www.bekindonline.com	Be Kind Online is a SaskTel program that aims to end bullying and cyberbullying in our communities.
Cyber Help - Parent/Educator	
www.prevnet.ca	Promoting relationships and eliminating violence network.
www.mediasmarts.ca	Canada's centre for digital and media literacy.
www.kidsintheknow.ca	A Canadian safety education program surrounding safety both online and off.
Family Violence for Teens and Children	
www.familyviolencehurts.gc.ca	Government of Canada site for youth to find out more about family violence and the law in Canada.
Legal	
www.plea.org	The Public Legal Education Association of Saskatchewan (PLEA) is a non-profit, non-government organization providing free legal information across a variety of platforms. We offer programs and services to the general public and school communities across Saskatchewan through dedicated websites, print resources, presentations and more.

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Parenting/Pregnancy Information	
www.standupgirl.com	Maybe you're pregnant, or worried that you might be pregnant. You feel scared, overwhelmed, alone. We have an amazing community of women here. Women who get what you're going through, because they've lived through it. Women who care and lots of Pregnancy Resources. Learn about Early Pregnancy Symptoms and use the Pregnancy Calculator Tool.
www.parents.com	Welcome to Parents.com! We're here to help moms and dads raise happy, healthy kids - and have some A LOT of fun along the way.
Sexual Assault	
www.envisioncounsellingcentre.com	Counselling and support centre for individuals, couples and families in Estevan, Weyburn Carlyle & Oxbow.
www.sassk.ca	SASS is a provincial non-profit organization that works collectively with front-line agencies, community partners, and governments that provide support and advocacy for those affected by sexual violence in Saskatchewan
Sexual Health	
www.actioncanadashr.org/resources/sexual-health-hub	Action Canada for Sexual Health and Rights
www.sexandu.ca	SexandU.ca is an initiative of the Society of Obstetricians and Gynaecologists of Canada, Canada's leading authority on sexual and reproductive health.
www.plannedparenthoodregina.com	Sexual health education clinic. Services include birth control and condoms, pregnancy testing and counselling, STI testing and treatment, sexual education, pap smears and counselling.
www.amaze.org	AMAZE takes the awkward out of sex ed. Real info in fun, animated videos that give you all the answers you actually want to know about sex, your body and relationships. (USA)
Violence and Abuse	
www.envisioncounsellingcentre.com	Counselling and support centre for individuals, couples and families in Estevan, Weyburn Carlyle & Oxbow.