

Community Resources

Agencies with **provide counselling.		
Estevan Resources		
ADDICTION SERVICES**	306-637-3610	Individual and family support counselling for all types of addiction
ALCOHOLICS ANONYMOUS	306-634-9130	Recorded message of AA meetings
ALTERNATIVES TO VIOLENCE (MENTAL HEALTH)**	306-637-3610 or 1-800-216-7689	Services for perpetrators of intimate partner violence
AMBULANCE	306-634-4242 OR 306-634-5040	
BEAM SHUTTLE SERVICES	306-891-2110	Monday - Friday Estevan to Regina transportation services
CHOOSE LIFE MINISTRY	306-485-7590	Women's residential treatment program
CITY POLICE	306-634-4767	
ENVISION COUNSELLING & SUPPORT CENTRE**	306-637-4004 Fax: 306-634-4229	
ESTEVAN FAMILY CENTRE	306-634-7233	Children programming, drop in centre and crisis counselling
FAMILY MATTERS (PARENTING AFTER SEPARATION/DIVORCE)	1-844-863-3408	Parenting after separation and divorce program
GRIEF COUNSELLOR (Trina Battersby)	306-421-6176	trina.battersby@sasktel.net
HOSPITAL	306-637-2400	
HOUSING AUTHORITY (ESTEVAN)	306-634-6700	Low income housing
LEGAL AID (Southeast Area Office)	306-637-4620	Legal support for low income individuals
MENTAL HEALTH**	306-637-3610 (INTAKE 306-842-8665)	Provide counselling to individuals with mental illness
PRO BONO LAW SASKATCHEWAN	1-855-833-7257	Free legal assistance for those who do not qualify for Legal Aid
PUBLIC HEALTH	306-637-3626	Immunizations and children's wellness
R.C.M.P.	306-637-4400 or (Province Wide 306-310-7267)	
SALVATION ARMY	634-2074 After Hours 306-634-7381, 306-421-2101	Food, clothing, bus money, emergency shelter in hotel
SECOND CHANCE THRIFT STORE	306-634-7410	Thrift store
SMILE SERVICES	306-634-6428	Assistance in special needs and seniors transportation, adult alternative measures.
SOCAL SERVICES INTAKES (Regina)	1-844-787-3760	For all intakes BEFORE calling local offices!
SOUTHEAST ADVOCATES FOR EMPLOYMENT	306-634-9554	(Formerly CAFÉ) Employment and general support for people with disabilities
SOUTHEAST YOUTH EMPLOYMENT SERVICES	306-634-5076	Employment training for youth & young adults. 16-35 years of age.
SOUTHEAST NEWCOMER SERVICES	306-637-4925	Assistance for immigrants and newcomers to Saskatchewan (from another country)
SWIS (SETTLEMENT WORKERS IN SCHOOLS)	306-637-4920	School based program to support newcomer youth and children. (Southeast Newcomer Services)
VICTIM SERVICES	306-634-8040	Police-based support for victims of crime

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Other Services (Sask.)		
ACCESS TO FIREARMS INVESTIGATION	1-800-731-4000 (provincial wide)	Toll free number to report a “public safety concern” involving firearms/weapons
ACQUIRED BRAIN INJURY	306-842-8315	Paula Ealey Southeast
AL-ANON FAMILY GROUP	1-888-4252666 24 hrs	Al-Anon meetings for Adults/ Alateen (youth) if been affected by someone's drinking
AVENUE COMMUNITY CENTRE	306-665-1224 or 1-800-358-1833 (Not 24 HRS)	(Gay and Lesbian Health Services) Gay and Lesbian support
CENTRALIZED INTAKE LINE	1-844-787-3760	For reporting child abuse/neglect (Do not call to report to office directly.)
COLLEGE OF PHYSICIANS & SURGEONS OF SASK.	306-244-7355 or 1800-667-1668	For reporting suspected abuse by a doctor
COMMUNITY CARE BRANCH	306-787-4587	For reporting suspected abuse in a Special Care Home
EKWESKEET HEALING LODGE	306-344-2094	Private treatment centre located in nion Lake.
FAMILY LAW INFORMATION CENTRE	1-888-218-2822	Provides Legal Options. Does not give legal advice or represent clients.
FAMILY MATTERS	1-844-863-3408	Assisting families through seperation and divorce. Province wide.
FARM STRESS LINE	1-800-667-4442	24 hr, support for farmers and their families, referral info
FIRST NATIONS & INUIT HOPE FOR WELLNESS HELP LINE **	1-855-242-9910	24/7 Crisis intervention and counselling support (Not just SK)
GAY AND LESBIN HEALTH SERVICES	1-800-358-1833	Support services for anyone with issues related to sexual orientation
HEALTH LINE**	1-877-800-0002 or 811 (www.211canada.ca)	Crisis counselling and medical advice
IMMIGRANT WOMEN OF SASK.	306-359-6514 (Regina) 306-978-6611 (Saskatoon)	Not a 24 hr service–tell them to leave a message-support for immigrant women
KID'S HELP PHONE	1-800-668-6868	Support for children and parents
NATIONAL HOTLINE FOR TRAFFICKING**	1-866-528-7109	National hotline for persons who have been trafficked, 24/7 counselling
PARTNERS FOR RURAL FAMILY SUPPORT- HUMBOLT	1-866-682-4135	Family Violence Centre
PRO BONO LAW SASKATCHEWAN	1-855-833-7257	Free legal assistance for those who do not qualify for Legal Aid
PROBLEM GAMBLING HELP LINE	1-800-306-6789	Support for gambling addiction
PROVINCIAL OMBUDSMAN-REGINA	1-800-667-7180 or 787-6211	For people with rental issues
PROVINCIAL OMBUDSMAN-SASKATOON	1-800-667-9787 or 933-5500	For people with rental issues
SASK CHILDREN'S ADVOCATE OFFICE	1-800-322-7221 or 933-6700	Office will investigate problems pertaining to welfare of a child
SASK DISABILITIES	306-569-3111	Support for Abused Women who are Disabled
SASK. DRUG INFORMATION LINE	1-800-665-3784	Info on drugs, medications & overdoses
SASK. HUMAN SERVICE PROVIDER	211	Non-emergency phone/online referral provider.
SASK. SUICIDE HELP LINE	1-800-273-TALK (1800-273-8255)	Suicide Support Line
TRANS LINE (TRANSGENDER CRISIS LINE)	1-877-330-6366	National hotline for Transgender comminuty
WOMEN'S FRANSASKOISES	1-866-490-4373 (9am-4pm)	Domestic Violence Line for those who speak French. Interpreter Services